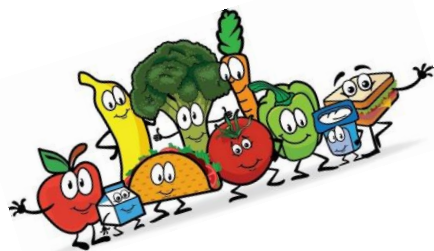


Harwich Community Primary School and Nursery

Lunch Menus



Dates: - 24th April, 8th May,
22nd May, 12th June, 26th
June, 10th July

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Cheese and Tomato Pizza with potato wedges served with peas or carrots	Pork sausage With mashed potato and gravy	Roast Gammon served with roast potatoes, veg and Gravy	Chicken and Tomato Pasta Bake	Southern fried chicken with chips, peas or beans
Veggie Option	Vegetarian Korma with whole grain rice	Tomato Veggie Burger with wedges	Quorn Roast served with roast potatoes, veg and Gravy	Vegetable and Tomato Pasta Bake	Quorn Dippers with chip, peas or beans
Jacket Potato	With choice of fillings				
Dessert	Flap Jack	Shortbread with fruit	Lemon drizzle cake	Chocolate Brownie	Jelly and Ice Cream
Cold Rolls	With a choice of fillings and salad				

Water, milk, juice and fresh fruit and salad

