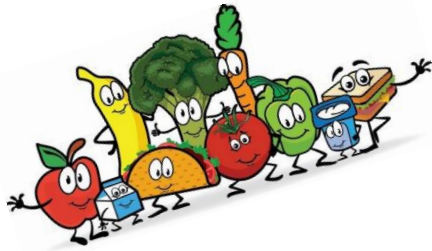


# Harwich Community Primary School and Nursery

## Lunch Menus

Dates: - 17<sup>th</sup> April, 1<sup>st</sup> May, 15<sup>th</sup> May,  
5<sup>th</sup> June, 19<sup>th</sup> June, 3<sup>rd</sup> July and 17<sup>th</sup> July



WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	Macaroni Cheese	BBQ Chicken with wholemeal rice	Roast Turkey with roast potatoes, veg and gravy	Sausage Roll, mashed potato and veg	Fish Fingers served with chips, peas or beans
<b>Veggie Option</b>	Veggie Sausage, mash and veg	Cheese and Tomato Pizza with wedges	Quorn Roast with roast potatoes, veg and gravy	Vegetable pie and mash with veg	Quorn dippers served with chips, peas or beans
<b>Jacket Potato</b>	With choice of fillings				
<b>Dessert</b>	Angel Delight	Hot chocolate sponge and chocolate custard	Oat cookie with fruit	Apple Crumble and Custard	Ice Cream and Fruit
<b>Cold Rolls</b>	Choice of fillings and salad				

**Water, milk, juice and fresh fruit and salad**

