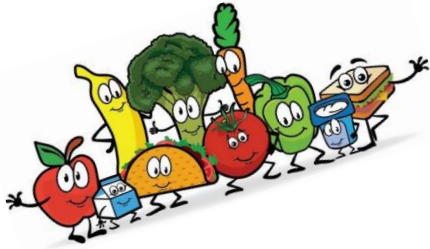


Harwich Community Primary School and Nursery

Lunch Menus

Dates: - Tues 3rd Sept, Mon 16th Sept, Mon 30th Oct, Mon 14th Oct, Mon 4th November, Mon 18th November, Mon 2nd Dec, Mon 16th Dec 2024



WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Cheese and Tomato Pizza	Meatball Pasta	Roast Gammon with roast potatoes, veg and gravy	Chicken Curry and rice	Fish Fingers served with chips, peas or beans
Veggie Option	Vegetable Bolognese with wedges	Cheddar Whirl and mash	Quorn Roast with roast potatoes, veg and gravy	Vegetable Fajitas and rice	Quorn Hot Dogs with chips, peas or beans
Jacket Potato	With choice of fillings				
Dessert	Brownie	Frozen Yoghurt	Biscuit and Fruit	Cake and Custard	Jelly and Fruit
Cold Option- Choice of fillings and salad	Rolls	Wraps	Rolls	Wraps	Rolls

Water, milk, juice and fresh fruit and salad

