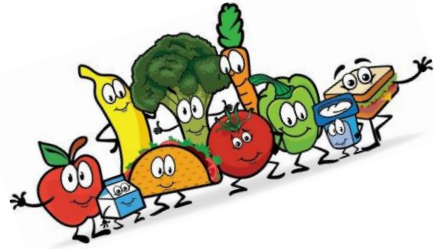


Harwich Community Primary School and Nursery

Lunch Menus



Dates: - Monday 6th January, Monday 20th January, Monday 3rd February, Monday 24th February, Monday 10th March, Monday 24th March

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Cheese and Tomato Pizza	Meatball Pasta	Roast Gammon, roast potatoes, Veg and Gravy	Chicken Fajitas	Fish Fingers and chips
Veggie Option		Veggie Pasta	Quorn Fillet, roast potatoes, Veg and Gravy	Cheddar whirls with wedges	Quorn Hotdog with chips
Jacket Potato	Cheese or Beans	Tuna or Beans	Tuna or Cheese	Tuna or Beans	Cheese and Beans
Dessert	Brownie	Frozen Yoghurt	Biscuit and Fruit	Cake and Custard	Jelly and Fruit
Cold Rolls	Choice of fillings and salad				

Water, milk, juice and fresh fruit and salad

