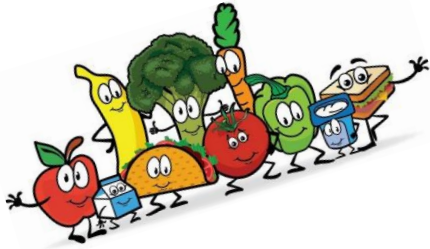


Harwich Community Primary School and Nursery

Lunch Menus

Dates: - Monday 5th May, Monday 19th May,
Monday 9th June, Monday 23rd June, Monday
7th July



WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Sausage Roll and wedges	Macaroni Cheese	Roast Gammon, roast potatoes, Veg and Gravy	BBQ Chicken	Fish Fillet and chips
Veggie Option	Quorn Burger and wedges	Veggie Sausage and Mash	Quorn Fillet, roast potatoes, Veg and Gravy	Chickpea Curry and rice	Quorn Dippers and chips
Jacket Potato	Cheese or Beans	Tuna or Beans	Tuna or Cheese	Tuna or Beans	Cheese and Beans
Dessert	Iced Sponge	Fruit Yoghurt	Flapjack	Crumble and Custard	Ice cream and Fruit
Cold Rolls	Choice of fillings and salad				

Water, milk, juice and fresh fruit and salad

