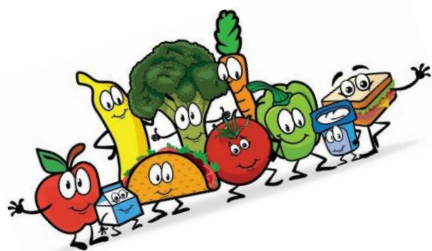


Harwich Community Primary School and Nursery

Lunch Menus

Dates: - 12th January, 26th January,
9th February, 2nd March, 16th March



WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Pepperoni Pizza with wedges	Macaroni Cheese	Roast Turkey served with roast potatoes, veg and Gravy	Beef Bolognaise	Fish Fillet with chips
Veggie Option	Vegetable burger in a bun	Veggie Spring roll with Chinese noodles	Quorn fillet served with roast potatoes, veg and Gravy	Vegetable curry with rice	Quorn Dippers with chip, peas or beans
Jacket Potato	Cheese and Beans	Tuna or Beans	Cheese or Tuna	Tuna or Beans	Cheese and Beans
Dessert	Marble Cake	Frozen Mousse	Crunchy Biscuit	Sponge and custard	Mini Doughnuts
Cold Rolls	With a choice of fillings and salad				

Water, milk, juice and fresh fruit and salad